



# DISHES AND THEIR ALLERGEN CONTENT



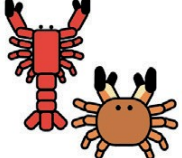
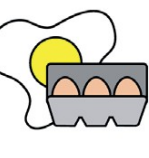
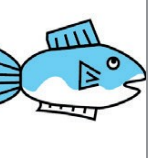
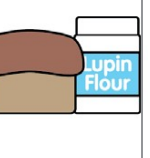

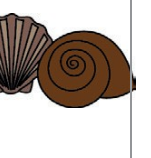

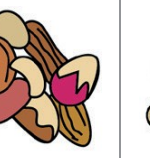
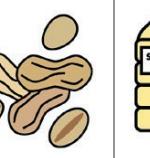
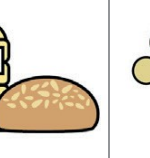
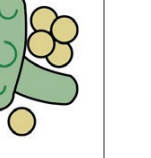

(Note - Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
The Isaac Lord Breakfast		✓		✓			✓						✓	✓
The Merchant Breakfast		✓		✓			✓						✓	✓
Quay Breakfast		✓		✓			✓						✓	✓
Vegetarian		✓		✓			✓						✓	✓
Classic Eggs Benedict		✓		✓			✓						✓	✓
Pancakes		✓		✓			✓							
Stack Bap		✓		✓										✓
Vegan Stack Bap		✓											✓	✓
Vegan		✓											✓	✓
Salmon & Scrambled Egg		✓		✓	✓		✓							



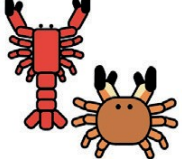





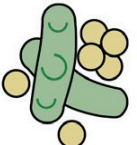

Review date:


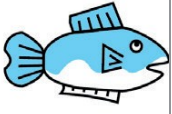
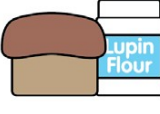





Reviewed by:



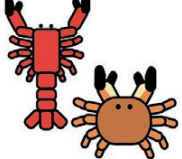
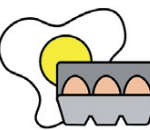
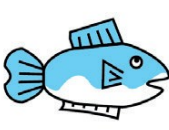









<b>DISHES</b>														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Eggs Florentine</b>		✓		✓			✓						✓	
<b>Eggs Royale &amp; Smoked Salmon</b>		✓		✓	✓		✓						✓	
<b>Eggs on Toast</b>		✓		✓			✓							
<b>Beans on Toast</b>		✓												
<b>Brioche Bun</b>		✓		✓			✓							

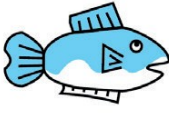



<b>DISHES</b>														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Soup of the Day</b>	✓	✓					✓		✓				✓	
<b>Mixed Marinated Olives</b>				✓			✓							
<b>Breaded Brie</b>		✓		✓			✓							
<b>Hummus &amp; Crudites</b>														
<b>Whitebait</b>		✓			✓									
<b>Salt &amp; Pepper Squid</b>	✓	✓						✓					✓	
<b>Chunky Chips</b>														
<b>Potato Wedges</b>		✓												
<b>Cheese Nachos</b>							✓						✓	
<b>Chilli Nachos</b>							✓						✓	✓
<b>Onion Rings</b>		✓		✓			✓							
<b>Pork Belly Bites</b>														✓

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken Baguette/Wrap		✓		✓			✓							
Ham & Cheese Baguette		✓					✓							✓
Cheese & Chutney Baguette		✓					✓							
Tuna & Cheese Melt Panini		✓		✓			✓							
Bacon & Brie Panini		✓					✓							✓
Roasted Vegetable Wrap		✓					✓							
Meat Platter	✓	✓		✓			✓		✓					✓
Fish Platter	✓	✓	✓	✓	✓		✓	✓						✓
Vegetarian Platter	✓	✓		✓			✓		✓				✓	✓
Chicken Dippers & Chips		✓		✓			✓							
Ham, Egg & Chips				✓										✓


DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cod & Chips		✓		✓	✓		✓							
Veggie Burger & Chips	✓	✓							✓				✓	
Sausage & Mash		✓		✓			✓							✓
Battered Fish & Chips		✓		✓	✓		✓							
Fish Pie		✓	✓	✓	✓		✓							✓
Ipswich Pie	✓	✓		✓			✓							✓
Sausage & Mash		✓		✓			✓							✓
Vegan Sausage & Mash		✓											✓	
Cottage Pie with Chorizo				✓			✓							✓
Wild Mushroom Linguine		✓		✓			✓		✓					✓
Curry Of the Day									✓					
Ham, Egg & Chips				✓										✓


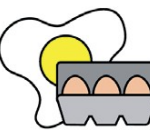
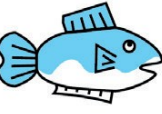






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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Isaacs Salad	✓	✓	✓	✓	✓									
Sirloin Steak		✓												
Chicken Breast		✓					✓			✓ Cashews				✓
Chicken Burger		✓					✓							
Isaacs Burger		✓		✓			✓							
Spicy Bean Burger	✓	✓		✓			✓		✓				✓	
Beetroot Burger		✓												
Merchants Breakfast		✓		✓			✓							✓



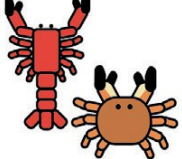
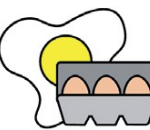
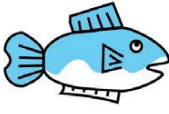
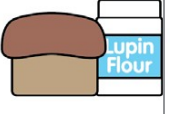







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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Apple Pie		✓		✓			✓							
Fruit Crumble		✓					✓							
Trio of Berries Cheesecake							✓						✓	
Chocolate Fudge Cake		✓		✓			✓						✓	
Mixed Ice Cream				✓			✓						✓	
Mixed Sorbet														
Custard		✓		✓			✓							
Sausage		✓												✓
Bacon														✓
Egg				✓										
Cheese							✓							
Baked Beans														


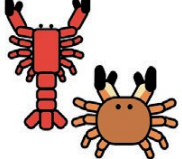
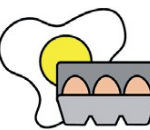
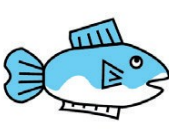








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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Hash Brown		✓												
Chilli							✓						✓	✓
Fried Bread		✓					✓							
Smoked Salmon					✓									
Tuna Mayo				✓	✓									
Onion Bread		✓					✓						✓	
Tortilla		✓					✓							
Bread/Butter		✓					✓							
Salad Dressing														
Gravy														
Prawn Marie Rose	✓		✓	✓			✓		✓					




DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Gourmet Burger		✓		✓			✓							
Jumbo Hotdog		✓					✓							
Chilli Hotdog		✓					✓							
Spicy Chicken Wings									✓					
Chicken Burger		✓					✓							
Rack Of Ribs														
Chips														
Bacon														✓
Cheese							✓							

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tomato & Red Pepper Soup	✓	✓												
Creamy Mushrooms		✓					✓							
Tomato, Mozzarella Salad							✓							
Merchant Fishcakes		✓		✓	✓		✓							
Chicken in Parma Ham							✓							
Fish & Chips		✓		✓	✓		✓							
Cumberland Sausage		✓											✓	
Striploin of Beef Roast		✓		✓			✓							
Filled Roasted Pepper		✓												



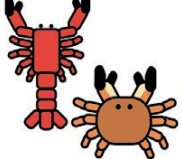
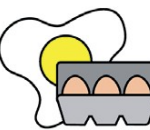
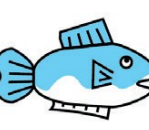
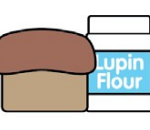








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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
New York Cheesecake		✓		✓			✓							
Chocolate Truffle Cake				✓			✓						✓	
Zesty Lemon Tart		✓		✓			✓							
Sticky Toffee Pudding		✓		✓			✓			✓			✓	
Fruit Salad														

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Full English Breakfast		✓		✓			✓							✓
Waffles, Blueberries & Syrup		✓		✓			✓							
Homemade Beefburger		✓		✓										✓
Pork & Leek Sausage		✓												✓
Marinated Chicken Thigh									✓					
Mexican Bean Burger	✓	✓							✓				✓	
Mixed Vegetable Skewers														
Potato Salad				✓					✓					
Tomato & Basil Salad														
Mixed Leaves														
Penne Pesto Salad		✓		✓			✓			✓				

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Spicy Rice Salad														
Coleslaw				✓					✓					
Pickles & Chutneys									✓					
Burger Baps & Hotdog Rolls		✓		✓			✓							
Salmon & Cucumber Sandwiches		✓			✓		✓							
Ham & Onion Chutney Sandwiches		✓					✓							✓
Egg Mayo & Watercress Sandwiches		✓		✓			✓							
Fruit Scones		✓		✓			✓							
Clotted Cream							✓							
Strawberry Jam														


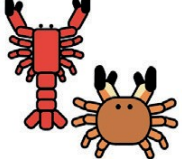





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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Victoria Sponge		✓		✓			✓							
Chocolate Fudge Cake		✓		✓			✓						✓	
Carrot Cake		✓		✓			✓			✓				
Fruit Tartlets		✓		✓			✓							
Bacon Rolls		✓		✓			✓							✓
Sausage Baps		✓		✓			✓						✓	✓
Chunky Chips		✓												
Sauces & Dips									✓					

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Mini Burgers		✓					✓							✓
Chorizo, Mozzarella Crostini		✓					✓							✓
Satay Chicken Skewers							✓		✓		✓			
Salmon & Cream Cheese Bagel		✓			✓		✓						✓	
Vegetable Tartlets		✓		✓			✓							
Chocolate Strawberries							✓						✓	
Mix of Eclairs		✓		✓			✓						✓	
French Macaroons		✓		✓			✓			✓ Almonds				
Fruit Tartlets		✓		✓			✓							
Chocolate Squares		✓		✓			✓						✓	


DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chilli Con Carne							✓						✓	✓
Chicken Curry									✓					
Chickpea Stew														✓
White Rice														
Nachos		✓												
Grated Cheese							✓							
Chicken & Bacon in Mayo Wrap		✓		✓										✓
Ham & Chutney Wrap		✓												✓
Prawn & Roquette Wrap		✓	✓	✓										
Mozzarella, Tomato & Pesto Wrap		✓					✓			✓ Cashews				
Chicken Goujons & Cajun Mayo		✓		✓										
Red Pepper Falafal									✓				✓	



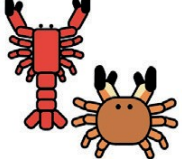
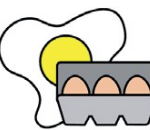
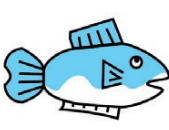











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	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Mixed Pizza Selection		✓					✓							
Vegetable Spring Rolls		✓												
Sausage Rolls		✓		✓			✓							✓
Honey Pork Belly Bites														✓
Onion Bhajis	✓	✓											✓	
Tortilla Chips & Dips							✓		✓					
Chicken & Chorizo Skewers														✓
Crudite Selection & Dips							✓		✓					
Jalapeno Poppers		✓					✓							
Tempura Prawns		✓	✓				✓							
Sunblushed Tomatoes														

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Brie							✓							
Mature Cheddar							✓							
Stilton							✓							
Smoked Applewood							✓							
Savoury Biscuits		✓					✓							
Grapes														
Celery	✓													
Homemade Chutney	✓								✓					
Parma Ham														
Chorizo														✓
Mortadella														
Salami														
Breads		✓					✓							

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cheese Scones		✓		✓			✓							
Fruit Scones		✓		✓			✓							
Teacakes		✓		✓			✓							
Sausage Rolls		✓		✓			✓							✓
Apple Turnovers		✓		✓			✓							
Cheese Straws		✓		✓			✓							
Chocolate Muffin		✓		✓			✓						✓	
Caramel Muffin		✓		✓			✓						✓	
Raspberry & White Chocolate Muffin		✓		✓			✓							
Blueberry Muffin		✓		✓			✓							
Flapjack		✓					✓							
Rocky Road		✓		✓			✓						✓	
Opera Slice		✓		✓			✓							

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lemon Drizzle		✓		✓			✓							
Lemon Muffin		✓		✓			✓							
Croissant		✓		✓			✓							
Chocolate Croissant		✓		✓			✓						✓	
Cinnamon Swirl		✓		✓			✓							
GF Fully Loaded				✓			✓			✓			✓	
GF Brownie				✓			✓			✓			✓	
GF Millionaires				✓			✓						✓	
GF Coconut & Lime				✓			✓						✓	
GF Cherry & Almond				✓			✓			✓			✓	

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Toffee Fudge Sauce							✓							
Chocolate Fudge Sauce							✓							
Aerosol Cream							✓							
Clotted Cream							✓							
Skimmed/Full Milk							✓							
Soya Milk													✓	
Plain Chocolate Powder							✓						✓	
White Chocolate Powder							✓						✓	
Marshmallows				✓										